5 Physiographic Provinces of VIRGINIA (Landscapes) **Appalachian** Valley and Ridge **Piedmont Coastal Plain Blue Ridge Plateau** Thin LONG Mountain **Eroded Plateau** ridge **Eroded** Flat ridge chains Plateau 1500 feet 300 feet to 0 feet Sea level 4 - 25 miles wide 300 feet valley · Series of valleys and **Rounded Hills** Made Underlain ridges Long low ridges of the With **OLDEST ROCKS Atlantic Ocean 0 feet** • KARST topography **LARGEST** Sea Level **Sedimentary Rocks** 1 Billion Years Old Caverns Caves **Province in VIRGINIA** Sinkholes Metamorphosed Granite **Fall Line** volcanic rock • Shenandoah Valley Formed Underlain with by **COAL** and Natural Gas • Part of the Appalachian WATER mud, **Mountains Highest Elevation** gravel, and eroding away Abundant Mt. Rogers sand the and Blue Ridge Mtns. Created **Valuable Resources** 5,279 feet by Applachian Mtns. Rising and Falling Above sea level COLLÍSION Of Sediments pile up Ocean Water North Africa America Underlain with **Extends from the Atlantic** igneous and Ocean metamorphic rocks To **FALL Line**